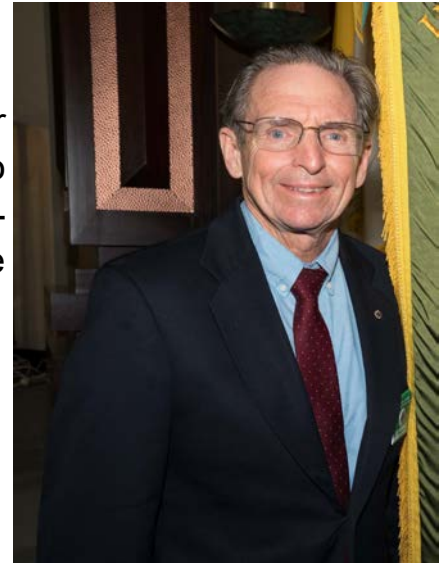


Knights Knews

March 2023

Grand Knight Report



Knights of Columbus Council No. 5803, 1255 E. Patricia Ave. Simi Valley, CA

Brother Knights, Lent began Feb 22, which means we are having our Friday Fish Frys for all Fridays during Lent. We had to cancel the Fish Fry on Friday, Feb 24 due to wet conditions on the patio. Likewise, due to the wet floors, we cancelled Bingo on Saturday, Feb 25.

Our District Deputy, Mike LoCollo, was asked if the Knights could help the 40 Days for Life campaign. The campaign starts on February 22 and ends on April 2 and consists of vigil hours outside Planned Parenthood at 1200 W. Hillcrest Drive in Thousand Oaks from 7am to 7pm each day. Saturday is the hardest day to fill hours, so Mike is soliciting Brother Knights to participate in the campaign by signing up for shifts on the six Saturdays of Lent. Please consider helping this pro-life prayer campaign by contacting Mike at

805-231-6168

mikelocollo@roadrunner.com

The Super Bowl party on Feb 12 was indeed super: great food, great game, great fun. Thanks go to John Antonacci for chairing this event.



KNIGHTS
OF COLUMBUS
IN SERVICE TO ONE. IN SERVICE TO ALL.

Grand Knight Report Cont.

Our Council held a breakfast on Sunday, Feb. 26, at St Rose's Hall to raise money for our St Rose of Lima Master Chorale's trip to sing in Spain. Thanks to all brothers who helped, especially organizers Jim Hook and John Lemos. The breakfast included singing by the choir during the breakfasts after the 7:00 AM and 9:00 AM masses.

There were two Fraternal Benefits webinars on Feb 23 and Feb 28 on THE POWER OF LIFE INSURANCE by Jim Ruta. Both were poorly attended by our Council. There are two more scheduled webinars in April titled "PAYCHECKS AND PLAY CHECKS" by Tom Hegna as follows:

Tuesday, April 4 at 5:30 PM PST

Tuesday, April 11 at 6:30 PM PST

If we want to shoot for a Star Council award, we need attendance by at least 7 at 2 webinars.

Upcoming in March includes:

March 3-5: Mater De La Rosa retreat

Sunday, March 5, 3 PM: Eucharistic Procession at Planned Parenthood

Sunday, Mar 12: St Patrick's Dinner (see announcement in this bulletin)

Other events and dates can be found on the schedule at the end of this bulletin.

We are trying to reduce clutter in our Trophy Cabinet. If there is an older trophy you would like to take, please do so. I have placed an orange-colored 'stickie' on some trophies that will be trashed unless someone takes them.

Please notice that we have added handicapped parking spaces in front of our hall. This is to accommodate our BINGO patrons.

Brothers, please pray for me, and know that I pray for you!

Vivat Jesus

GK Joe Ferrall

Deacon's Corner

LENT

Lent is a 40 day period in the church year set aside for spiritual preparation for Easter. This year Lent is from Ash Wednesday (Feb. 22) and ends with the Mass of the Lord's Supper on Holy Thursday, April 6, 2023.

Holy Mother Church calls all Catholics to a deeper spirit of penance, fasting, almsgiving and prayer. We are obligated to abstain from meat on Ash Wednesday, Fridays of Lent and Good Friday. (All those 14 years of age and above).



Fasting - Everyone from 18 years to 59 years, is bound to fast on Ash Wednesday and Good Friday. Fasting is generally understood to mean eating only one full meal each day two other partial meals to maintain strength, but they should not equal another full meal. Eating between meals is not permitted, but liquids are allowed. Voluntary fasting on other days of Lent is highly recommended.

Almsgiving - All Catholics are encouraged to support generously the charitable works of the whole church through stewardship in their parishes and to support local charities.

Prayer - All Catholics are urged to participate in the sacramental life of the church during Lent by attending daily Mass, frequenting the sacrament of reconciliation, Stations of the Cross, holy hour, adoration, etc.

Viva Jesu

Deacon Terry

Knights of Columbus Insurance

Council Meeting Message March 2023

March this year, to me, means Spring and Spring cleaning, Lent and preparing for Easter, and the day when we're all a little bit Irish, St. Patrick's Day. Let me start with St. Patrick's Day. It's a nice break from the doldrums of winter and a brief respite from Lenten preparation. To all of my members, Irish or not, I say "Sláinte!"

This year we're immersed in Lent for the entire month as we look forward to Easter on April 9. This is a time of renewal and preparation for Holy Week, Christ's Passion, and his conquest over death in the Resurrection. May your focus be on generous giving and spreading peace to everyone you encounter.



Spring...we've been through the toughest part of winter and we begin to think about Spring. And Spring is a time of rebirth and renewal: trees may begin to bud and flowers begin to poke through in search of warmer temperatures. The Spring equinox means that daylight lasts as long as night with the earth spinning toward that summer solstice. Maybe, just maybe, winter is behind us. While you're getting rid of all the old cobwebs of winter and doing the annual spring cleaning, now is a great time to take a fresh look at your family's financial security.

With a wide range of products—life insurance, long-term care insurance, disability income insurance and retirement annuities, I can help you look at your family's financial situation now and for the years to come. All this while you deal with a company that shares your faith and beliefs and invests in accordance with Church social teaching.

As your Knights of Columbus Field Agent I've been trained to help you through that important process. Sit down for a short meeting with me and we can use our newest and most advanced financial needs analysis platform that the Order has ever had. I'll take the time to gather information from you, ask about your wants, needs and desires, and put together any recommendations to help you meet those..

As always you're under no obligation.

I'll contact you soon to see if an appointment should be our next step.

Vivat Jesus



Knights of Columbus
INSURANCE
YOUR SHIELD FOR LIFE

Willie Romero FICF

Field Agent

Office (805) 522-1916

Cell (805) 813-6707

wilfrido.romero@kofc.org



Frank's Fitness

Health, Longevity and Senescent Cells

We all get old, we all die – major fact of life; we are mortal. Our Faith tells us that we have life beyond this mortal life. Why; because Jesus, the Son of God, came back from death. He walked among us for 40 Days, and then our leaders watched Him taken up beyond their view. Still, there is the getting old and dying thing! The suffering part! Are we morally allowed to strive to minimize that part? I believe we are, and the Kingdom, in general, is better for it. The Catholic Church has been the architect of the Hospital System of the world. Numerous Religious Orders have centered their ministry on healing the sick and comforting the dying. Our Lord was a healer, not just to command attention, but out of compassion for us mortals. We believe that improving life and health is a righteous cause, and taking care of our bodies is a Christian responsibility.



The core of our mortality lies at the cellular level; we are an assembly of cells (which have life) that grow old and fail to function indefinitely, and when enough of them shut down and fail to be replaced by new ones; or when they multiply out of control in the case of cancer, we functionally degrade to the point of death. All our cells have a point at which they stop dividing, and in our youth, they either commit suicide or are killed by our immune system and are replaced by stem cells that repair the tissues. As we age, they slowly lose the capability to self-die, and our immune system's cells that are supposed to kill them off are getting old as well, and failing to purge them. This has come to be known as **Senescence** (Latin root for Old: Senex).

We used to think senescent cells, which accumulate with age, were dormant – doing nothing. Turns out not so: they take on a malevolent lifestyle, secreting signaling chemicals that foster inflammation and degrade surrounding structures. The term “Zombie cells” is used to describe their activities: Bones weaken, muscles evaporate, cartilage melts away, arteries get rigid and pain generally increases. At the end, there is a cascade of malfunction and death when something like 5% of cells becomes senescent.

Frank's Fitness Cont.

What if we could periodically kill off our senescent cells and get our liver to clear out the junk? It turns out to be a very beneficial thing to do. It lowers pain, restores functions and likely extends lifespan. The medical community has been watching fringe researchers develop this idea, and now money is pouring into research centers to develop drugs to either kill senescent cells (Senolytics) or get them to return to normal life (Senomorphics). I have been mostly interested in Senolytics, because there are studies in animals and humans that show rejuvenation and longer life with improved function, and importantly, reduced pain.

This technology is coming to us, building speed, but it may be five or more years before we have proven, safe drugs that pass FDA regulations. However, self-experimenters have already been using combinations of natural compounds known to be Senolytic and hastened the development of several products currently available. I have been using these for over two years, initially with my own concoction, and more recently with a product from Life Extension with the same or similar compounds. I've been taking this formulation on a quarterly basis; every three months I take 36 capsules in three days (12/day) on an empty stomach (4-3x/day) experiencing several positive outcomes. Anyone interested can contact me for more specifics (wilhelmi@pacbell.net). I believe (hope) this strategy will allow me to continue working as a personal trainer for many years; to serve the Lord and fellow man.

To Your Greater Health and Fitness – In Christ,

Frank

Dominick's Corner

Military Service of SK Russell Rayburn

I enlisted in the United States Air Force at Fort Wayne, Detroit, Michigan on January 4th, 1951 along with my brother-law. There was a huge backlog of enlisted so as a result I was given a five day pass. I reported to Lackland AFB January 11, 1951 for basic training. Basic ended April 15th and I was subsequently shipped to Francis Warren AFB for technical training. Details of my training cannot be discussed because it was classified top secret crypto. The assignment was completed August 1951. As a cryptologist my new career started with a four year overseas assignment. Career overseas total was over 13 yrs. The mail became my greatest pleasure albeit the letters were opened and screened. It irked me to no end to have my privacy invaded.

Altogether I was apart from my family for seven years and three months. Fortunately I was stationed in the a United States for twelve years and nine months. I was discharged August, 1971. I was very honored to have served my country.



Awards:

USAF Outstanding Unit Award w/1 olc
USAF Good Conduct Medal w/3 olc
National Defense Service Medal. w/1
boss- AFLSA w/4 olc
USAF Commendation Medal w/1 olc
Vietnam Service Medal
Republic of Vietnam Campaign Medal

Dominick's Corner Cont.

Military Service of Roland Dumias

I enlisted in the U.S. Navy in August , 1961. I had enrolled in the R.O.T.C. Program, so I was sent to Officer Training School. I was then put in the aviation program and sent to Naval Air Station, Pensacola, Florida where I spent the rest of my active duty until February of 1962. I was honorably discharged as a Warrant Officer. The last six years of my required duty was spent in the Air Force Reserve at March Air Force Base, in Riverside, Ca., where I was assigned to Office Supply in a Repairing B52s outfit. I was again honorably discharged in 1969 from the Air Force Active Reserve.

My wife Ann and I got married in 1967 and had one child, a boy. I am proud and thankful to have had the opportunity to have served my country.

Awards:

Good Conduct Medal.

Multi Service Award

Small Aircraft Solo Pilot



March Bereavement & Fraternal

Brothers and Sisters in Christ

Updated 2/27/23

This month we mourn the passing of Ferdie Pineda's mother, Felicisima Basa, Bill Tatone, son Bud (d), SK Tyler Ritch, Ann Downey Sister-in-law of John, Tim Collins, brother of Bernadette Hacia, Please keep the Ritch, Downey, Collins, Hacia, families in your prayers. Please keep the following especially in your prayers: Paul Freideborn's niece Janice Buck, John Segar, Diana Fabray wife of Chris, Terry Brown sister of SK Dan Owens, Joanie Gomes wife of Nick, Martin Pitstick brother of PFN Jerry and PGK SK Jerry Padgett's grand-daughter Logan and mother-in-law Mary Gardner.

The sick below and their families are also in need of our love and prayers.

Julie Scrivano Daughter and lori wife of PGK/SK Bill Alexander
 Jeff Anderson
 David Babcock and wife Maddy
 Regina Barbosa daughter of SK Steve
 Logan Brammer's mother-in-law
 PGK SK Ron Brown
 SK Jerry Brusseau and family
 Andrew Budinski
 PFN Alan Canfield
 SK Richard & Susie Case
 Guillermo Camarena's father
 Bernadette, wife of Hugh Chisholm (d)
 Rosa Camacho
 Juanita Camacho mother of Tony
 Brian and Joseph Conant grand nephew and cousin of PGK/PFN Herman (d)
 Patricia wife of SK Carl Cornell (d)
 Trudy wife of PGK/PFN Dominick Costanzo
 SK Tony Crane
 PGK/SK Tony DeMarco, Abrianna granddaughter and Jennifer DeMarco lezza daughter
 Sahera sister of SK Sam Doka
 Ritamarie wife of John Downy
 Andy Duport
 Pam wife of SK Fred Erickson (d)
 SK Jim Fabry and grandson Seth
 Diana Fabray wife of Chris
 SK Neil Fanning, wife Luppita
 PFN SK Joe Ferrall and his friends
 Matt Weaver Sr. & Jr.
 Brian Fransen son of SK Don (d)
 Carmen Zarcone grand-daughter, Janice Buck niece and Rose mother of Paul Friedeborn
 Peggy, wife of Gerald Giarrusso
 Nick Gomes and wife Joanie
 SK Cody Gorecki
 SK Peter Grace
 Jacqueline Griffith mother of SK Mark Tanya Guzman
 SK Bob Hacia's Sister in law Dalton Collins and uncle Tom Riza
 Alfredo Hernandez and his sister

Alejandro Hernandez
 SK Tim Hodgins and wife Terry
 SK Lance Holman
 Lois, wife of PGK SK Ron Huerth
 Gayle Ireland wife of PGK/SK Russ
 George Powell in Law, Walter Bingham uncle, Sara Jayne Powell Sister, Tim son, Marianne and Carol daughters of SK Tom King
 SK Tony Lemos and his brother Joel
 Vincent Lendonnie
 Harold (Chris) Lev Jr.
 Bob Linscott Nephew of SK John (d)
 John Linscott Jr
 DD Mike Locolo
 Jackie Loniero son of Tony
 Marlene Looney
 Veronica Lopez & Alberto Anaya cousin & nephew of SK Alberto Lopez
 SK Joseph Lopez and Daughter Denise
 Julia Mora, daughter of SK Joe Lopez
 PGK/PFN SK Tom Lotz
 Leo Maciel
 Ray Madden's brother-in-law Lou
 PGK/PFN/SK Henry Mancilla and his brother-in-law Alejandro Arellano
 Scott, grandson of PFN Henry Mancilla
 SK Jim Manda
 Andrew Richards friend of SK John Makenzie
 Fr John Moloney
 PGK John McCracken and his wife Rachel
 Kellie daughter of SK Al McKinley (d)
 Charles Miserendino
 SK Tom Morrissey and wife Hope
 Terry Brown sister of SK Dan Owens
 Saylor Padgett, Mateo Briones grandchildren, Miguel & Cecelia Briones
 Father & mother in laws, PGK David Cabone and Rita Costello friends of PFN/PGK Jerry Padgett
 SK Jerry Padgett's grand-daughter Logan and Mother-in-law Mary Gardner

Stephen Paisley son of Marilyn
 Martin Pitstick brother of PFN/SK Jerry
 Bree Rayburn, wife of SK Russ Rayburn
 Sean Reeves
 PGK/FN Gerry Riss niece Erin
 Hughes, cousin Mike Novak and friend Steve Stark
 SK Tyler Ritch
 Jean Roberts wife of SK Ed
 Wilda Rodriguez wife of PFN Anthony
 SK Willy Romero and family
 Sam Nenca cousin of SK Willie Romero
 Michael Pielat in-law of SK Jeff Sage
 Miriam wife SK Louie Sanchez (d)
 Amber Santiago and children
 Greg Secor
 John Segar
 Fr Joe Shea
 Angie Smith, wife, sons David and Chris of PGK SK Bob
 Susan Smith, wife and Alex son of PGK SK Christopher
 Mac Senise son Of Gary and Moira
 Sara, wife of Jim Spencer
 Mary wife of PGK/PFN Bob Spielman
 Elaine sister of PGK/PFN Bob Spielman
 Peter Stiner
 SK David and wife Alberta Tellez
 Brian Lampkin son in Law of SK David Telez
 PGK SK Earl Todd
 Kitty Fidermutz, daughter of Lonnie Todd
 Sandy, wife of Mike Tortorici
 Ginger Trematore Wife of SK Joe(d)
 Ruben Valdez
 Venegas Family
 Daniel Videgain
 SK Gene Walinski and wife Kathy
 Colleen, wife of Jim Wehr (d)
 Chelsea grand-daughter of Jack White (d)
 Shirley, wife of SK Dan Zengierski

Please continue praying for our service men and woman, they serve throughout the world helping to maintain peace and the ideals of our country.

My brothers, if you know of someone in your family, or a friend who is in ill health, who needs our prayers, or of someone who can thankfully be removed from the list, Email me or a call at the address or number below.

Peace and God's blessings from your Bereavement and Fraternal Ministry.

Jerry Myszkowski, 805 522 1641 jmyszko@yahoo.com

NEXT BLOOD DRIVE

Thank you everyone able to donate the 63 units of blood collected by Vitalant at the Knights of Columbus blood drive February 25. Your donation potentially saved 189 lives! If you were or weren't able to make this one please help us at our next blood drive Saturday June 17. Call me to make an appointment at 805-395-1126, or call Vitalant at 805-654-1600 or contact them online.

HELPING HANDS

Thank you John Mackenzie for helping a widow realign a screen door to close properly, and redo a flapping wood gate to the backyard.

Thank you John again, and Don Corsican for helping a widow move out of her home of many years into assisted living on Saturday February 25. This was a hard time for this senior and anyone with spare time visiting her and others in her situation is much appreciated.

A thank you to John Mackenzie and Jorge Curiel for moving items from a home of a deceased mother of a Knight to charitable organizations.

Anyone who knows of a family member of a knight or parish member in need let Paul Friedeborn at 805-395-1126 know.

Homeless Dinners

The homeless dinners are served between 5:50pm – 6:30pm at the Knights hall. If you would like to help give Rick Ostrich a call at 805-501-8818.

Pending Motions

proposed \$300 for Merced Flood victims

Maximum \$10,000 for SRL Hall Bathroom renovations. (will be voted on when actual cost is known)



St. Patrick's Day Dinner Sunday, March 12 4:00 PM until 7:00 PM



We will be holding our annual St. Patrick's Day Dinner at the K of C Hall.

Menu: Corned beef & cabbage, potatoes, carrots, soda bread & dessert.

Cost: \$15 for adults, \$7 for children 12 and under

RSVP: Space is limiting us to the 1st 150 people to pay

Payment: either of two ways:

- on-line via our K of C website (<https://kc5803.org/stpat>) or
- contact Joe Ferrall to arrange to pay

Slainte (good health to you)

Joe Ferrall

805-428-1894

jnl_70@outlook.com



Champagne Pancake Breakfast for St. Rose Master Chorale

On Sunday, February 26, the Knights hosted a champagne pancake breakfast to raise money for the St. Rose of Lima Master Chorale, supporting the Choir's trip to Spain in June 2023. In Spain, the Choir will give three performances at Madrid, Seville and Toledo. Approximately 150 persons attended, and donations totaled \$1,720. Special thanks to Brothers John and Tony Lemos for organizing and cooking the food. Seventeen members of the Choir also worked at the breakfast, along with three family members.



2022 - 2023 OFFICERS

Grand Knight	SK Joe Ferrall	(805) 428-1894	jnl_70@outlook.com
Spiritual Advisor	SK Deacon Terry Reibenspies	(805) 390-0745	terryreib@pacbell.net
Deputy Grand Knight	SK Chris Fabry	(805) 624-9858	chrisfish74@hotmail.com
Chancellor	SK Paul Friedeborn	(805) 522-6080	paulf@rsrpd.us
Warden	John Lemos	(805) 791-7789	lemos.hvac@yahoo.com
Recorder	Nick Wirtz	(805) 791-5145	snickerdudeenw@aol.com
Financial Secretary	SK Lee Olson	(805) 907-2984	maleegic@aol.com
Treasurer	SK Jim Hook	(805) 579-8438	jhook643@gmail.com
3-Year Trustee	PGK Jerry Padgett	(661) 492-5473	jtpadgett2013@gmail.com
2-Year Trustee	PGK Chris Smith	(805) 579-7373	groobee@sbcglobal.net
1-Year Trustee	PGK Bob Smith	(805) 578-0434	truestorybob@hotmail.com
Advocate	SK Joel Bruemmer	(818) 307-3590	bruemmer@pacbell.net
Membership Chair	Jay Espiritu	(805) 587-9028	jayespiritu@sbcglobal.net
Guard	John Downey	(805) 579-8970	johnandrita@sbcglobal.net
Guard	Andrew Chauvin	(805) 295-7083	andrew.chauvin@gmail.com
Guard	John Linscott, Jr.	(805) 428-8145	johnlinscottjr@sbcglobal.net
District Deputy	SK Mike LoCollo	(805) 231-6188	mikelocollo@rosdrunner.com
Insurance Representative	SK Willie Romero	(805) 522-1916	wilfrido805@hotmail.com

COUNCIL 5803 EVENTS AND CHAIRMANS

EVENT	DATE	CHAIRMAN	TEL	E-MAIL
On Going/ As needed				
Bingo	On going	PGK Rick Ostrich	501-8818	rickostrich@yahoo.com
Blood Drive	On going	SK Paul Friedeborn	522-6080	paulf@rsrpd.us
Christian Service Program	On going			
Family Mass	5th Sundays			
Fish Fries—1st Friday	1st Fridays	SK Tony Bonomo	805-407-0578	marilyn@marilynehrman.com
Healthy Living Director	On going	SK Frank Wilhelmi	526-6194	wilhelmi@pacbell.net
Helping Hands	As needed	SK Paul Friedeborn	522-6080	paulf@rsrpd.us
Homeless Breakfast	Monthly	PGK Rick Ostrich	501-8818	rickostrich@yahoo.com
Homeless Dinner	3rd Fridays	PGK Rick Ostrich	501-8818	rickostrich@yahoo.com
Membership Chair	On going	Jay Espiritu	587-9028	jayespiritu@sbcglobal.net
Admissions Chair	On going	PGK George Gnesda	522-5699	g.gnez@yahoo.com
Knights Knews- Bulletin	On going	SK Joel Bruemmer	(818)307-3590	bruemmer@pacbell.net
Pro-Life Breakfast	5th Sundays	SK Tony Lemos SK George Lemos	584-3803 584-9816	eliman7@sbcglobal.net lemos11@sbcglobal.net
Rosary for the Unborn	1st Saturday	SK Tony Lemos SK George Lemos	584-3803 584-9816	eliman7@sbcglobal.net lemos11@sbcglobal.net
Various Food Drives	TBA	TBD		
Seasonal				
Fish Fries- Lenten	Ash Wed to Easter (Fridays)	SK Tony Bonomo	805-407-0578	marilyn@marilynehrman.com
Monday Night Football	Sept- Jan	PGK John Antonacci	559-2944	john_thetilepro@yahoo.com
Bowling	Sept-May	PGK George Gnesda	522-5699	g.gnez@yahoo.com
PADS	Oct-April	PGK Rick Ostrich	501-8818	rickostrich@yahoo.com
K of C 5803 Toy Drive	Oct-Dec	PGK Cliff Wirtz PGK Norm Ouellette	208-8970 551-3704	cawpaw@aol.com njouellette7@yahoo.com
Once Per Year				
Charter Night	TBD	SK Richard O'Donnell	522-0906	
Super Bowl Party	February	PGK John Antonacci	559-2944	john_thetilepro@yahoo.com
Annual Men's Retreat	March	Oren Robles	(805) 432-6034	orencio8@yahoo.com
St Patrick's Day Dinner	March	GK Joe Ferrall	428-1894	jnl_70@outlook.com
Scholarship	Spring	PGK Bob Smith	587-0434	truestorybob@hotmail.com
Free Throw Contest	Spring	PGK George Gnesda	522-5699	g.gnez@yahoo.com
Soccer Chalange	Spring	GK Joe Ferrall	805-428-1894	jnl_70@outlook.com
International Dinner/Vocation Sun.	TBD	PGK Cliff Wirtz	208-8970	cawpaw@aol.com
Chili Cook Off	June TBD	SK Lee Olsom	805-527-7542	maleegic@aol.com
Installation of Officers	July			
Turnover Dinner	July			
PGK Testimonial Dinner	September	PGK Bob Smith	578-0434	truestorybob@hotmail.com
Simi Valley Days	September	SK John MacKenzie PGK John Antonacci	522-9818 559-2944	ukmackenzie@yahoo.com john_thetilepro@yahoo.com
Bishop Fishing Trip	Oct	PGK Christopher Smith	579-7373	groobee@sbcglobal.net
Dream Cuisine	Oct	PGK Cliff Wirtz	208-8970	cawpaw@aol.com
MRC Tootsie Roll Drive	October	PGK John Antonacci	559-2944	john_thetilepro@yahoo.com
Columbus Day Dinner	October	SK Tony Gammariello	522-9548	tgammy@yahoo.com
Thanksgivng Dinner / Turkey Shoot	November	PGKs Jerry Padgett & Rick Ostrich	661-492-5473 501-8818	rickostrich@yahoo.com
Memorial Mass	November	PGK Bob Smith	578-0434	truestorybob@hotmail.com
Hanicapable Lunch	December	DGK Chris Fabry	805-624-9858	chrisfish74@hotmail.com
New Years Party	Dec 31st			

March 2023

Sun

Mon

Tue

Wed

Thu

Fri

Sat

			1 PADS 7:00PM	2 Bowling	3 *Lenten Fish Fry *Mater Dolorosa Retreat	4 *Men's Holy Hour 7AM *Rosary at Assumption 9:30AM *Mater Dolorosa Retreat *Bingo *40 DFL at Planned Parenthood
5 *Mater Dolorosa Retreat *Eucharistic Procession 3:00PM at Planned Parenthood *Homeless Dinner 6-7PM PADS 7:30 PM	6 Chili Cook-off meeting 6:30PM	7 5803 Officers Meeting 7PM	8 PADS 7:00PM	9 Bowling	10 Lenten Fish Fry	11 *Men's Holy Hour 7AM *Bingo *40 DFL at planned parenthood
12 *Daylight Saving time starts *St. Patrick's Day Dinner	13	14 5803 Business Meeting 7PM	15 *4th degree Officers meeting 6PM Rosary 7:00PM Meeting 7:30PM	16 Bowling	17 Lenten Fish Fry	18 *Men's Holy Hour 7AM *Bingo *40 DFL at planned parenthood
19 *Homeless Dinner 6-7PM PADS 7:30 PM	20 Chili Cook-off meeting 6:30PM	21 Men's disciple group 7pm	22 PADS 7:00PM	23 Bowling	24 Lenten Fish Fry	25 *Men's Holy Hour 7AM *Bingo *40 DFL at planned parenthood
26 *Homeless Dinner 6-7PM PADS 7:30 PM	27	28	29 PADS 7:00PM	30 Bowling	31 Lenten Fish Fry	

April 2023

Sun Mon Tue Wed Thu Fri Sat

						1 *Men's Holy Hour 7AM *Rosary at As- sumption 9:30AM *Bingo *40 DFL at planned parenthood
2 Eucharistic procession planned parenthood 3:00 PM PALM SUNDAY	3 Chili Cook-off meeting 6:30PM	4 Fraternal Ben- efits Webinar 5:30PM 5803 Officers Meeting 7PM	5	6 <u>No Bowling</u> HOLY THURSDAY	7 Lenten Fish Fry GOOD FRIDAY	8 *Men's Holy Hour 7AM * <u>No Bingo</u> HOLY SATURDAY
9 EASTER	10	11 Fraternal Ben- efits Webinar 6:30PM 5803 Business Meeting 7PM	12	13 Bowling	14	15 *Men's Holy Hour 7AM *Bingo
16 *Homeless Dinner 6-7PM PADS 7:30 PM	17 Chili Cook-off meeting 6:30PM	18 Men's disciple group 7pm	19 *4th degree Officers meet- ing 6PM Rosary 7:00PM Meeting 7:30PM	20 Bowling	21	22 *Men's Holy Hour 7AM *Council Member- ship Drive *Bingo
23 *Council Mem- bership Drive	24	25	26	27 Bowling	28	29 *Men's Holy Hour 7AM *Seminarian Bene- fit Dinner 2:00 PM *Bingo
30 *Family Mass *Pro Life Breakfast						